January 2018
Cafeteria Menu

Elementary Lunch **$3.50**
Middle/High School Lunch **$3.75**

All lunches include:
entree
vegetable and/or fruit
dessert
milk

Fresh salad with romaine lettuce, all white meat chicken, shredded cheese with a drink.
Small is $3.00 Large is $3.50

Middle and high school students may substitute a medium soft drink for milk. They may also purchase the entrée à la carte.

Elementary students may substitute a peanut butter and jelly sandwich or a fluffernutter for the entrée. **Elementary students may not purchase individual meal items.**

<u>à la carte</u>

Cereal	1.00
Frito Lay products	.50/1.59
Ice Cream (assorted)	.75+
Milk 8 oz.	.50
Orange Juice 4 oz.	.50
Orange Juice 10 oz.	2.00
Apple Juice, Grape Juice 12 oz.	1.00
Bottled Water	1.00
Hot Chocolate (seasonal)	1.00/1.25/1.50
Arizona Ice Tea	1.75
Snapple 20 oz.	1.50
Hot Coffee	1.25/1.50/2.00
Iced Coffee	1.50/1.75

Please let us know if you have a food allergy

Sun	*Mon*	*Tues*	*Wed*	*Thurs*	*Fri*	*Sat*
	1 No School New Year's Day	**2** Cheeseburger, Fries or Rice, Fruit or Vegetable	**3** Pepperoni or Cheese Pizza, Chips, Salad	**4** Cheddar Cheese Hot Dog, Fries, Corn	**5** Chicken Nuggets, Rice or Fries, Fruit or Vegetable	**6**
7	**8** Mozzarella Sticks, Spaghetti, Vegetable	**9** French Toast, Sausage Links, Cinnamon Applesauce	**10** Pepperoni or Cheese Pizza, Chips, Fruit	**11** Spaghetti & Meatballs, Salad, Fruit	**12** Popcorn Chicken, Fries or Rice, Salad	**13**
14	**15** No School MLK Day	**16** Taco Meat, Tortilla Chips, Lettuce, Tomato, Cheese, Rice, Fruit	**17** Pepperoni or Cheese Pizza, Chips, Salad	**18** Chicken Patty with Cheese, Fries, Fruit	**19** Cheeseburger, Fries or Rice, Vegetable	**20**
21	**22** Chicken Nuggets, Spaghetti, Fruit	**23** Macaroni & Cheese, Mini Hot Dogs, Green Beans	**24** Pepperoni or Cheese Pizza, Chips, Fruit	**25** Grilled Cheese Sandwich, Tomato Soup, Salad	**26** Eggo Waffles, Sausage Links, Fruit	**27**
28	**29** Popcorn Chicken, Baked ½ Cheesy Potato, Vegetable	**30** Mozzarella Sticks, Spaghetti, Fruit or Vegetable	**31** Pepperoni or Cheese Pizza, Chips, Salad			

Breakfast sandwich available from 7:00-10:30 AM daily.
Fried egg with melted cheese and bacon on a grilled bagel