



## Parental Resources



**Qustodio** is available for desktops, laptops, tablets, and smartphones.

Capabilities:

- Block inappropriate content with smart web filters. (e.g. Violence, weapons, pornography, etc.)
  - Manage and limit your children's screen time by device.
  - Limit games and apps and block inappropriate ones.
  - Monitor activity on social networks.
  - Track your children's Android or iOS device on a map.
  - Monitor and block your children's calls on Android.
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**Bark** is available on Android devices, Apple devices, Amazon devices, and computers.

Capabilities:

- Monitor text messages, emails, and social activity for signs of harmful interactions and content.
  - Get automatic alerts via email and text when Bark's algorithms detect potential risks, so you don't have to comb through every post and text.
  - Receive recommendations on how parents can talk to their children regarding digital dangers and other sensitive online issues.
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**Eset** is available for PC, Mac, and mobile devices to include both Android and Apple.

Capabilities:

- Automatically blocks age-inappropriate websites.
  - Filters access to websites.
  - Monitor your child's device usage.
  - Track where your children's devices are at any time.
  - Create zones that alert you if your child exits them.
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**Net Nanny** is available for Android, iOS, Windows, and Mac.

Capabilities:

- Parental Controls
  - Internet Filtering
  - Pornography Blocking
  - Screen Time Management
  - Alerts and Reporting
  - Remote Access
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**Screen Time** is available on Apple Devices.

Capabilities:

- Set daily time limits to avoid excessive use.
- Encourage positive habits by setting your children tasks to complete, and rewarding them with additional screen time.
- Set blocked periods such as sleep time and homework time to avoid distractions.
- Instantly pause your child's device.
- Approve and reject applications whenever a new application is downloaded.

Price: FREE



**Family Time** is available for iPhone, iPad, and Android devices.

Capabilities:

- Set time limits for screen time.
  - Lock mobile devices with a screen-lock feature.
  - Internet filtering (e.g. block pornography)
  - Geo-fence as many places as you please, and receive instant alerts when your child arrives or leaves those locations.
  - Define speed limits for your children and know when they over-speed.
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**Circle with Disney** is available for Android 5 (or later), iOS 9 (or later), and PC.

Capabilities:

- Set online content Filters that match each family member's age and interests.
  - Set daily time limits for popular platforms and categories.
  - Compare time spent online between today, last week, or even last month.
  - Schedule offline moments in advance.
  - Access to a 'pause' button for the Internet.
  - Get a detailed breakdown of what sites were visited throughout the day.
  - Set a bedtime for each member of your family, and all their devices will disconnect from the Internet until morning.
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**Norton** is available on Microsoft Windows, Android 4 (or later), and iOS9 (or later).

Capabilities:

- Manage your children's time spent online
  - Use simple settings to make the Web safe for children to explore.
  - Protect children's private information.
  - Gain valuable insights that lead to open, informed conversations.
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**Webwatcher** is available for Apple products, Android, PC (Windows), and Chromebook.

Capabilities:

- View all SMS and texts as well as deleted texts.
  - Gain access to photos and website history.
  - Keep tabs on call logs, GPS location, social media, and app usage.
  - Protect against online predators, suicide prevention, cyberbullying, sexting, etc.
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**FBI Child ID** lets parents store their children's photos plus other identifying factors for quick access if a child were to ever go missing.

Capabilities:

- Provides safety tips
- Checklists for what to do if something happens to your child,
- Shortcuts to dial 911 or the National Center for Missing and Exploited Children
- Provides users with the ability to email info immediately to law enforcement agencies in an emergency situation.

Price: FREE.

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**Find My iPhone** is available on Apple products.

Capabilities:

- Allows you to track other devices location.
- Allows you to set up location-based alerts that can notify you automatically when a child leaves school or gets home safely.
- You can also set up alerts to notify others of a change in location.

Price: FREE

Unless indicated "FREE," all of the above apps have a monthly or annual cost.