

# PVCA CAFÉ—SEPTEMBER 2019

MON	TUES	WEDS	THURS	FRI
2 <b>No School Labor Day</b>	3 Mozzarella Sticks, Pasta w/Red Sauce, Fresh Green Beans, Applesauce	4 Turkey, Lettuce, Cheese on a Roll, Potato Chips, Ice Cream Cup	5 Extra Cheesy Elbow Macaroni w/Red Sauce, Buttered Broccoli, Garlic Bread	6 Cheese or Pepperoni Pizza, Corn on the Cob, Pineapple Chunks
9 All White-Meat Chicken Nuggets, Fried Rice, Carrot Sticks w/Dip	10 Cheeseburger, Lettuce, Tomato, French Fries, Fresh Orange Slices	11 Egg-O Waffles, Bacon or Sausage, Maple Syrup, Fresh Strawberries	12 All-Beef Hot Dog, Corn Bread, Green Beans, Watermelon Slice	13 Cheese or Pepperoni Pizza, Corn Chips, Vegetable, Oreo Cookies
16 Spaghetti w/ Meatballs, Garlic Bread, Corn on the Cob	17 Mozzarella Sticks, Pasta w/Red Sauce, Green Beans, Cinnamon Applesauce	18 Panko-Style Chicken Fingers, White Rice, Buttered Broccoli	19 Extra Cheesy Mac & Cheese, All- Beef Mini Dogs, Garlic Bread, Oreo Cookies	20 Cheese or Pepperoni Pizza, Tossed Salad, Cinnamon Applesauce
23 All White-Meat Chicken Nuggets, French Fries, Fresh Orange Slices, Choc. Chip Cookies	24 Cheeseburger, Lettuce, Tomato, Baked Potato, Carrot Coins, Jello-O Cup	25 All-Beef Hot Dog, Corn Bread, Peas and Carrots, Dixie Cup	26 All White Meat Chicken Patty, Lettuce, Cheese, Bread Stuffing, Buttered Corn	27 Cheese or Pepperoni Pizza, Potato Chips, Choc. Chip Cookies
30 Extra Cheesy Mac & Cheese, Sausage Links, Cucumber Slices, Rice Krispy Treat	1	2	3	4

## BAGEL W/BUTTER \$2.00

## BAGEL W/CREAM CHEESE \$2.50

## BREAKFAST SANDWICH \$3.25

(Available from 7:00-9:30 AM daily)  
2 Fried eggs with melted cheese  
and bacon on a grilled bagel.

## ELEMENTARY LUNCH \$3.50

## MIDDLE AND HIGH SCHOOL LUNCH \$3.75

All lunches include an entrée,  
vegetable and/or fruit, dessert, and milk.

## FRESH SALAD—SMALL \$3.50 LARGE \$4.25

with romaine lettuce, all white meat grilled  
chicken, tomatoes, cucumbers, shredded cheese

Middle and high school students may substitute a medium  
soft drink for milk. They may also purchase the entrée a la carte.

Elementary students may substitute a peanut butter and jelly  
sandwich or a fluffernutter for the entrée. Elementary students  
may not purchase individual meal items.

## A LA CARTE

### CEREAL

\$1.00

### FRITO LAY PRODUCTS

\$0.79/1.89

### ICE CREAM (ASSORTED)

\$1.00+

### MILK 8 OZ.

\$0.50

### ORANGE JUICE 4 OZ.

\$0.50

### ORANGE JUICE 10 OZ.

\$2.00

### APPLE JUICE, GRAPE JUICE 12 OZ.

\$1.00

### BOTTLED WATER

\$1.00

### HOT CHOCOLATE (SEASONAL)

\$1.00/1.25/1.50

### ARIZONA ICED TEA

\$1.50

### SNAPPLE 20 OZ.

\$1.50

### HOT COFFEE

\$1.50/1.75/2.00

### ICED COFFEE

**PLEASE LET US KNOW IF YOU HAVE A FOOD ALLERGY**