

PVCA CAFÉ—OCTOBER 2019

MON	TUES	WEDS	THURS	FRI
	1 Pasta with Red Sauce, Meatballs, Broccoli	2 All White-Meat Chicken Nuggets, Fried Rice, Carrots	3 Turkey, Lettuce, Cheese on a Roll, Potato Chips, Ice Cream Cup	4 Cheese or Pepperoni Pizza, Orange Slices, Green Beans
7 Crispy Chicken Strips, Eggo Waffle, Fresh Strawberries	8 Cheeseburger, Lettuce, Tomato, Oven Potatoes, Baby Carrots	9 Mozzarella Sticks, Pasta with Red Sauce, Peas and Carrots	10 Eggo Waffles, Bacon, Maple Syrup, Sliced Peaches	11 Café Closed Grandparents' Day
14 No School Columbus Day	15 Macaroni & Cheese, Sausage Links, Cucumber Slices, Rice Krispy Treat	16 All White-Meat Chicken Nuggets, Baked Potato, Buttered Corn	17 Grilled Cheese Sandwich, Tomato Soup, Goldfish Crackers	18 Cheese or Pepperoni Pizza, Orange Slices, Green Beans
21 Crispy Chicken Strips, Eggo Waffle, Fresh Strawberries	22 Pasta with Red Sauce, Meatballs, Sliced Peaches	23 All-Beef Hot Dog, Corn Bread, Green Beans, Jello	24 Turkey, Lettuce, Cheese on a Roll, Potato Chips, Ice Cream Cup	25 Cheese or Pepperoni Pizza, Orange Slices, Green Beans
28 Pepperoni and Cheese Hot Pocket, Salad, Cheese Balls	29 Cheeseburger, Lettuce, Tomato, Oven Potatoes, Baby Carrots	30 All White-Meat Chicken Nuggets, French Fries, Buttered Corn	31 Eggo Waffle, Sausage Links, Maple Syrup, Sliced Peaches	

BAGEL W/BUTTER \$2.00

BAGEL W/CREAM CHEESE \$2.50

BREAKFAST SANDWICH \$3.25

(Available from 7:00-9:30 AM daily)

2 Fried eggs with melted cheese and bacon on a grilled bagel.

ELEMENTARY LUNCH \$3.50

MIDDLE AND HIGH SCHOOL LUNCH \$3.75

All lunches include an entrée, vegetable and/or fruit, dessert, and milk.

FRESH SALAD—SMALL \$3.50 LARGE \$4.25

with romaine lettuce, all white meat grilled chicken, tomatoes, cucumbers, shredded cheese

Middle and high school students may substitute a medium soft drink for milk. They may also purchase the entrée a la carte.

Elementary students may substitute a peanut butter and jelly sandwich or a fluffernutter for the entrée. Elementary students may not purchase individual meal items.

A LA CARTE

CEREAL

\$1.00

FRITO LAY PRODUCTS

\$0.79/1.89

ICE CREAM (ASSORTED)

\$1.00+

MILK 8 OZ.

\$0.50

ORANGE JUICE 4 OZ.

\$0.50

ORANGE JUICE 10 OZ.

\$2.00

APPLE JUICE, GRAPE JUICE 12 OZ.

\$1.00

BOTTLED WATER

\$1.00

HOT CHOCOLATE (SEASONAL)

\$1.00/1.25/1.50

ARIZONA ICED TEA

\$1.50

SNAPPLE 20 OZ.

\$1.50

HOT COFFEE

\$1.50/1.75/2.00

ICED COFFEE

\$1.00

PLEASE LET US KNOW IF YOU HAVE A FOOD ALLERGY