













## EAGLE SPORTS

## How The Girls Basketball Team Won The League Championship

By Victoria Sharpe



Led by coaches Krista Reist and Jenna Enderle, both PVCA basketball alums, the PVCA lady eagles claimed the title of league champions after a 38-32 win against the High School of Commerce on February 17th. Proud of the team for overcoming both illness and injury, Krista Reist recalls the game that earned the team their place as the league champions as her favorite moment of the season saying, "Seeing the joy and excitement on their faces when the final buzzer went off was a moment I will always remember."

To become league champions a team must have the best record of all the teams in their league. Acquiring enough wins to earn a spot at the top of a league is not an easy task. The last PVCA varsity girls team to take home this title played in 2013-2014. Coach Krista attributes her team's success to "being orga-

nized and prepared." Reist also spent time outside of the gym watching footage of teams her girls would face, studying the plays of their opponents to help better prepare the lady eagles. She also made sure the girls bonded so that they would not only work together naturally on the court, but be able to enjoy all the hours spent together as a team.

"I focused on keeping things simple and adding in little things here and there to get better and improve," said Reist. "I also wanted to make sure we focused on teamwork so we did several team bonding activities outside of practice that I believe helped make it a fun season which I think is equally as important as playing hard."

Before every game the team made sure to stop and remember why they worked so hard each day. "Most of all, we prayed



Seniors Alexa Walker and Ali Witherow with coach Krista

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Coach Krista on her coaching strategy

before each game and did short devotionals to help unite us and remember who we are playing for and who we represent on and off the court," she said.

When asked how he felt about the team's accomplishment Athletic Director Stephen Porter said, "We had good senior leadership and they persevered through a lot of trials, they did not quit and finished strong. They had a few games where they just had 5 or 6 players at the game and they managed to win, which is a great accomplishment. They far exceeded my expectations this year, and with the team being so young overall they should do well next year as well."

Next season looks promising for the lady eagles with the momentum of becoming league champions propelling them forward, and Coaches Jenna and Krista planning to return.