

Middle/High Lunch Menu

January 2023



Monday	Tuesday	Wednesday	Thursday	Friday
1/2	1/3	1/4	1/5	1/6
	Chicken Alfredo Parmesan Breadstick	Steak and Cheese melt with Fries	Chicken Nuggets with Fries	Italian Meatball Sub with Steak Fries
	Broccoli Fruit and Milk	Fruit and Milk	Fruit and Milk	Fruit and Milk
1/9	1/10	1/11	1/12	1/13
Sausage Egg and Cheese with Tater tots	Homestyle Chicken Bowl (chicken, mashed potatoes gravy,cheese)	Orange Chicken with Fried Rice and StirFried Vegetables	Pasta with Meat sauce Garlic Knot	Cheese Pizza Baby Carrots
Fruit and Milk	Corn Fruit and Milk	Fruit and Milk	Green Beans Fruit and Milk	Fruit and Milk
1/16	1/17	1/18	1/19	1/20
MLK "I have Decided to Stick with Love"	Chicken and Cheese Quesadilla	Hot Ham and Cheese on a Bulky Roll with Tomato Soup	Chicken Tenders Potato Wedges	Cheesy Breadstick with Marinara Sauce
	Cilantro Lime Rice Fruit and Milk	Fruit and Milk	Fruit and Milk	Side Salad Fruit and Milk
1/23	1/24	1/25	1/26	1/27
Cheeseburger with Fries	Crispy Chicken Ranch Wrap	Pollo Asado y Arroz con Habichuelas (Roasted Chicken with Rice and Beans)	Pigs in a Blanket (Hot Dog wrapped in pizza dough), Potato Wedges	Beef Nachos with Cheese, Sour cream and Salsa Corn
Cucumber Coins Fruit and Milk	Coleslaw Fruit and Milk	Steamed Carrots Fruit and Milk	Fruit and Milk	Fruit and Milk
1/30	1/31			
Fish Sticks Fries	Baked Mac & Cheese Corn Bread			
Fruit and Milk	Fruit and Milk			

Milk/Chocolate Milk and Fruit Offered Daily

Please Inform your server of any food allergies.

Menu items are subject to change

The daily hot lunch option can be substituted with one of the following

Cheese or Pepperoni Pizza Available Daily
 Chicken Patties available Monday, Wednesday, and Friday
 Cheeseburger Available Tuesday and Thursday
 Fresh Salads Available Daily